

one anti-inflammatory agent, said anti-inflammatory agent being a nutraceutical selected from a group consisting of at least one bioflavonoid, at least one herbal extract containing at least one bioflavonoid, curcumin, herbal extracts containing curcumin, stinging nettle and extracts thereof, and mixtures thereof; and

a pharmaceutically acceptable medium;

where at least one of the pharmaceutical and the nutraceutical treats at least one ailment or symptom thereof caused by an immune response.

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2. (amended) A composition according to claim 1, wherein the immune response is an immune response to a virus, a microorganism, or an atmospheric pollutant or allergen, and where said one anti-inflammatory agent is the only anti-inflammatory agent present in the composition.

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6. (amended) A composition according to claim 2, further comprising a nutraceutical selected from the group consisting of an immune booster, an antioxidant, a liver protectant, or a mixture thereof.

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54. (amended) A method of treating a patient suffering from an ailment or symptom thereof caused by an immune response, comprising the step of administering a medicinal composition to the patient, wherein said medicinal composition comprises:

a pharmaceutical, where said pharmaceutical is an antihistamine; and

one anti-inflammatory agent, said anti-inflammatory agent being a nutraceutical selected from a group consisting of at least one bioflavonoid, at least one herbal extract containing at least one bioflavonoid, curcumin, herbal extracts containing curcumin, stinging nettle and extracts thereof, and mixtures thereof; and

a pharmaceutically acceptable medium;

where at least one of the pharmaceutical and the nutraceutical treats at least one ailment or symptom thereof caused by an immune response;

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where said one anti-inflammatory agent is the only anti-inflammatory agent present in the composition.

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59. (amended) A method according to claim 55, further comprising a nutraceutical selected from the group consisting of an immune booster, an antioxidant, a liver protectant, or a mixture thereof.

107. (new) A medicinal composition, comprising:
a pharmaceutical, where said pharmaceutical is an antihistamine; and
one anti-inflammatory agent, said anti-inflammatory agent being a nutraceutical selected from a group consisting of at least one bioflavonoid, at least one herbal extract containing at least one bioflavonoid, curcumin, herbal extracts containing curcumin, stinging nettle and extracts thereof, and mixtures thereof;

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a liver protectant; and
a pharmaceutically acceptable medium;
where at least one of the pharmaceutical and the nutraceutical treats at least one ailment or symptom thereof caused by an immune response;

where said one anti-inflammatory agent is the only anti-inflammatory agent present in the composition.

108. (new) A medicinal composition according to claim 107, further comprising a decongestant.

109. (new) A medicinal composition according to claim 107, wherein the liver protectant is milk thistle.

110. (new) A medicinal composition, comprising:
a pharmaceutical, where said pharmaceutical is an antihistamine; and
one anti-inflammatory agent, said anti-inflammatory agent a nutraceutical
selected from a group consisting of at least one bioflavonoid, at least one herbal extract
containing at least one bioflavonoid, curcumin, herbal extracts containing curcumin,
stinging nettle and extracts thereof, and mixtures thereof;
an immune booster; and
a pharmaceutically acceptable medium;
where at least one of the pharmaceutical and the nutraceutical treats at least one
ailment or symptom thereof caused by an immune response;
where said one anti-inflammatory agent is the only anti-inflammatory agent
present in the composition.

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111. (new) A medicinal composition according to claim 110, wherein the
immune booster is selected from a group consisting of zinc and effective salts thereof, at
least one herb selected from a group consisting of herbs of the genus *Echinacea*, at least
one herb selected from a group consisting of herbs of the genus *Sambucus*, Goldenseal
and mixtures thereof.

112. (new) A medicinal composition according to claim 110, further
comprising a decongestant.

113. (new) A medicinal composition, comprising:
a pharmaceutical, where said pharmaceutical is an antihistamine; and
one anti-inflammatory agent, said anti-inflammatory agent a nutraceutical
selected from a group consisting of at least one bioflavonoid, at least one herbal extract

containing at least one bioflavonoid, curcumin, herbal extracts containing curcumin, stinging nettle and extracts thereof, and mixtures thereof;

an anti-oxidant; and

a pharmaceutically acceptable medium;

where at least one of the pharmaceutical and the nutraceutical treats at least one ailment or symptom thereof caused by an immune response

where said one anti-inflammatory agent is the only anti-inflammatory agent present in the composition.

114. (new) A medicinal composition according to claim 113, further comprising a decongestant.

115. (new) A medicinal composition according to claim 113, wherein the anti-oxidant is selected from a group consisting of at least one bioflavonoid, at least one herbal extract containing at least one bioflavonoid, ascorbic acid and pharmaceutically effective salts and derivatives thereof, garlic and extracts thereof, green tea and its extracts, at least one herb selected from a group consisting of herbs from the genus *Astragalus*, and combinations thereof.
